



healthiestyou

Connect with a Doctor
24x7 to Diagnose, Treat
& Prescribe **FOR FREE!**

866.703.1259



TOP 5 REASONS WE VISIT THE ER OR URGENT CARE



ALLERGIES

ER: \$345

UC: \$97

HY: \$0 (FREE)

BRONCHITIS

ER: \$795

UC: \$123

HY: \$0 (FREE)

SINUSITIS

ER: \$617

UC: \$105

HY: \$0 (FREE)

EARACHE

ER: \$400

UC: \$110

HY: \$0 (FREE)

URINARY TRACT INFECTIONS

ER: \$940

UC: \$108

HY: \$0 (FREE)



And don't forget to
DOWNLOAD THE APP!



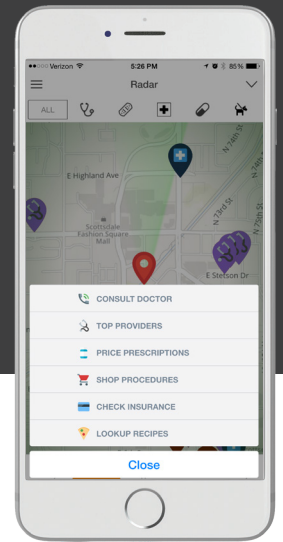
HEALTHIESTYOU IS NOT HEALTH INSURANCE AND WE ENCOURAGE ALL MEMBERS TO MAINTAIN ADEQUATE INSURANCE FROM A RESPONSIBLE PROVIDER. HEALTHIESTYOU IS DESIGNED TO COMPLEMENT, AND NOT REPLACE THE CARE YOU RECEIVE FROM YOUR PRIMARY CARE PHYSICIAN. HEALTHIESTYOU PHYSICIANS ARE AN INDEPENDENT NETWORK OF DOCTORS WHO ADVISE, DIAGNOSE, AND PRESCRIBE AT THEIR OWN DISCRETION. PHYSICIANS PROVIDE CROSS COVERAGE AND OPERATE SUBJECT TO STATE REGULATIONS. PHYSICIANS IN THE INDEPENDENT NETWORK DO NOT PRESCRIBE DEA CONTROLLED SUBSTANCES, NON-THERAPEUTIC DRUGS AND CERTAIN OTHER DRUGS WHICH MAY BE HARMFUL BECAUSE OF THEIR POTENTIAL FOR ABUSE. HEALTHIESTYOU DOES NOT GUARANTEE THAT A PRESCRIPTION WILL BE WRITTEN.

TOP 50 HY DIAGNOSES

1. ACUTE UPPER RESPIRATORY INFECTIONS OF UNSPECIFIED SITE
2. ACUTE SINUSITIS UNSPECIFIED
3. ACUTE PHARYNGITIS
4. URINARY TRACT INFECTION
5. ACUTE BRONCHITIS
6. ACUTE CONJUNCTIVITIS UNSPECIFIED
7. UNSPECIFIED OTITIS MEDIA
8. STREPTOCOCCAL SORE THROAT
9. ALLERGIC RHINITIS CAUSE UNSPECIFIED
10. COUGH
11. INFECTIVE OTITIS EXTERNA UNSPECIFIED
12. ACUTE NASOPHARYNGITIS (COMMON COLD)
13. OTALGIA UNSPECIFIED
14. OTHER ACUTE PAIN
15. CONTACT DERMATITIS, NOS
16. RASH AND OTHER NONSPECIFIC SKIN ERUPTION
17. VAGINITIS AND VULVOVAGINITIS UNSPECIFIED
18. CANDIDIASIS OF VULVA AND VAGINA
19. ABDOMINAL PAIN UNSPECIFIED SITE
20. CELLULITIS AND ABSCESS OF UNSPECIFIED SITES
21. ACUTE CYSTITIS
22. HERPES SIMPLEX WITHOUT COMPLICATION
23. FEVER UNSPECIFIED
24. ACUTE TONSILLITIS
25. PAIN, LOW BACK
26. UNSPECIFIED DENTAL CARIES
27. UNSPECIFIED VIRAL INFECTION
28. INFECTIOUS COLITIS ENTERITIS AND GASTROENTERITIS
29. CONJUNCTIVITIS, VIRAL NOS
30. INFLUENZA WITH OTHER RESPIRATORY MANIFESTATIONS
31. OTHER ACUTE OTITIS EXTERNA
32. ACUTE GOUTY ARTHROPATHY
33. EXERCISE-INDUCED BRONCHOSPASM
34. UNSPECIFIED CONSTIPATION
35. NAUSEA WITH VOMITING
36. CROUP
37. UNSPECIFIED ESSENTIAL HYPERTENSION
38. DEHYDRATION
39. CONJUNCTIVITIS, MUCOPURULENT
40. ALLERGIC URTICARIA
41. TOBACCO USE DISORDER
42. DIARRHEA OF PRESUMED INFECTIOUS ORIGIN
43. INSECT BITE NONVENOMOUS OF TRUNK WITHOUT INFECTION
44. CONTACT DERMATITIS AND OTHER ECZEMA DUE TO OTHER SPECIFIED AGENTS
45. SCABIES
46. ACUTE SWIMMERS' EAR
47. DIARRHEA, NOS
48. MYALGIA AND MYOSITIS UNSPECIFIED
49. HERPES ZOSTER WITHOUT COMPLICATION
50. EXTERNAL HEMORRHOIDS WITHOUT COMPLICATION



With HealthiestYou you can connect to a doctor, get treatment, and get prescriptions, 24 hours a day, 7 days a week over the phone or via the mobile app. Using HealthiestYou can SAVE YOU TONS OF MONEY and no more sitting around in waiting rooms. And best of all, it's FREE



How to get started with HealthiestYou:

Step 1: Setup your member portal

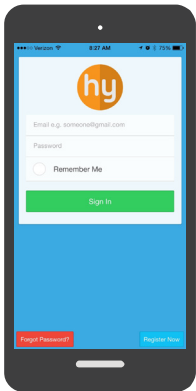
Head on over to member.healthiestyou.com and register for the member portal. Here you'll have access to the same amazing tools as our app but from your computer.

Step 2: Download the app

Search and download "HealthiestYou" or "HY" in the app store or Google Play! Available on your iPhone or Android device

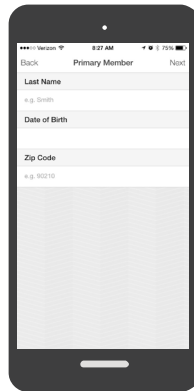


Step 3: Setup the app



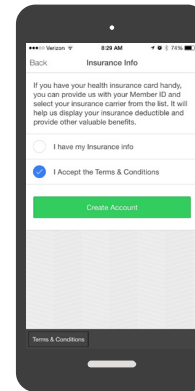
Click Login to get started

--Note, the app login is the same information from the online member portal registration.



Select and enter the primary member's information:

- Last Name
- D.O.B.
- Zip Code
- Email address
- Password
- Phone #



If you have your insurance card handy, select "I have my insurance info". You can enter your insurance information later too.

- Accept the Terms & Conditions"
- Click Create Account



When you're ready to talk to a doctor, simply launch the HY app and press the Request Consult button... easy peasy!

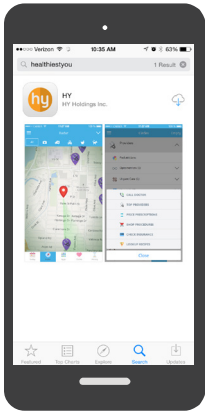
Don't have a smartphone?

Login to member.healthiestyou.com to view your personalized doctor phone number.

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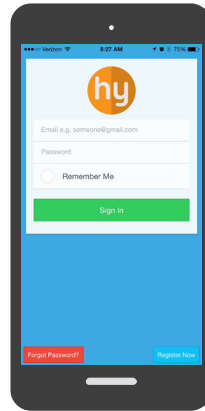


Setting up Your HealthiestYou App!



Step 1

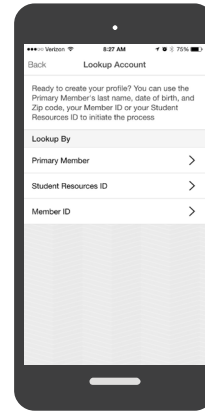
Search and download "HealthiestYou" or "HY" in the app store or Google Play! Available on your iPhone or Android device



Step 2

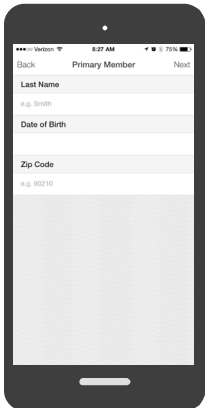
Click Register Now to get started

--Note, the app registration is separate from the online member portal registration



Step 3

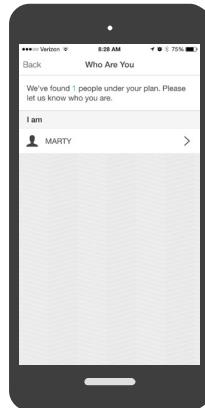
Select Primary Member



Step 4

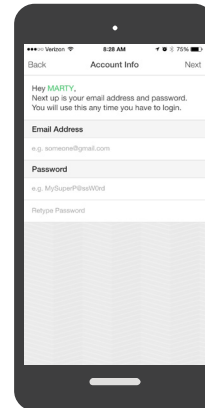
Enter the Primary Member's information:

- Last Name
- D.O.B.
- Zip Code



Step 5

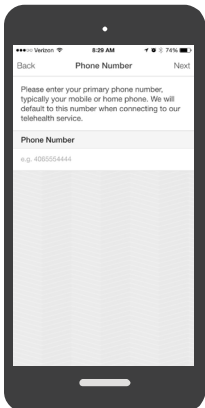
Click your name



Step 6

Enter your information

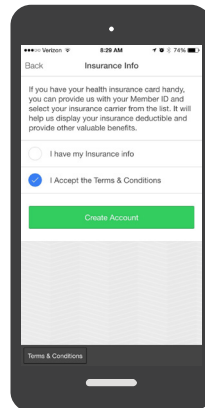
- Your email address
- Select a password
- Retype your selected password



Step 7

Enter your phone #

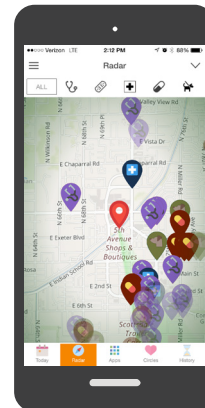
-- This will be the best # to have a physician reach you at.



Step 8

If you have your insurance card handy, select "I have my Insurance info". You can enter your insurance information later too.

- Accept the Terms & Conditions"
- Click Create Account



Step 9

Start!

- Talk to a doctor
- Locate a provider
- Price Procedures
- Compare RX Prices
- Find Recipes