

For Review By

# SHAWN DANGEL COMPASS, LLC

From the Desk Of Melissa Skoczylas

**Company:** HealthiestYou

**E-mail:** melissa.skoczylas@healthiestyou.com

**Web:**

**Phone:** 503-504-3372



Hello, Shawn, Thanks for your interest in HealthiestYou for Compass LLC. I'm your contact at HealthiestYou! Please don't hesitate to let me know if you'd like me to provide a demo for Compass LLC! My direct line is 503-504-3372. Best regards,  
Melissa



# INTRODUCTION

*Healthiest You is the most innovative telehealth and wellness solution on the market, serving as an accessible complement to your company's benefit plan. With access to a 24/7 physician network as well as a one-of-its-kind online wellness program, our service helps you save money, reduce claims and increase productivity.*

We are a nationwide telemedicine service with a proprietary network of more than 2,300 licensed physicians across the U.S., offering an affordable solution to the challenge of healthcare access. We provide our members with round-the-clock access to credentialed, board-certified physicians via telephone, online video and secure email with no co-pay or consultation fee.

Our proprietary wellness platform helps members proactively manage a whole array of chronic issues and experience real, long-lasting results. Backed by real world experiences of more than 10,000 patients, our platform engages members with weekly customized action plans, interactive questionnaires and unlimited access to more than 400 videos and instructional materials.

## Talk To Real Doctors

- 24x7 diagnosis and treatment
- Connect via phone, email or video
- Secure, HIPAA compliant

## Wellness Blueprint

- Personalized action plan
- Clinically-validated improvements
- Adjusts each week based on results

## Save Money

- No copay or doctor visit costs
- Save up to 70% on prescriptions
- Predictable monthly expense

## PC Or Smartphone

- Access from anywhere, any device
- Dedicated app for iPhone/iPad
- Two-way text message reminders

## Anytime, Anywhere

- Available home or traveling
- Gets smarter with use
- Connects to FitBit and Withings

## In The Cloud

- Always on, ready for use
- Backed up and secure
- Easy to share with doctors



# FINANCIAL SUMMARY

We are delighted to present this proposal and help you and your employees join the ranks of tens of thousands of satisfied members.

As a matter of fact, our most recent customer survey shows that 97% of our members would recommend the service.

**Number of Employees:** 45

**Total Monthly Cost:** \$405.00

**Per Consultation Fee:** \$0 (zero, nothing, nada)

## Monthly Cost Detail

Classification	Count	Monthly Cost
Employee + Family	45	\$9.00

Healthiestyou is not health insurance and we encourage all members to maintain adequate insurance from a responsible provider. Healthiestyou is designed to complement, and not replace, the care you receive from your primary care physician. Healthiestyou physicians are an independent network of doctors who advise, diagnose, and prescribe at their own discretion. Healthiestyou physicians provide cross coverage and operate subject to state regulations. Physicians in the independent network do not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. Healthiestyou does not guarantee that a prescription will be written.



# HOW IT WORKS

*Healthiest You is a cloud-based telehealth and wellness solution, delivered directly to your employees through our Web site or mobile app.*

At a very basic level, our service:

- provides 24x7x365 access to doctors by phone, email, and video conference
- provides an industry leading wellness platform
- provides a state of the art prescription discount plan

Each employee enrolled with our service will receive a personalized Welcome Kit, containing their membership card and other important membership information. Since we know how important having access to quality care is for you and your employees, we have made it possible to instantly connect with our service even without having the initial membership credentials in their hands. Your employees can simply pick the phone and call our Telehealth Hotline and be instantly connected to our network.

Three easy steps to speak with a physician anytime and anywhere.

## Step 1

Visit [healthiestyou.com](http://healthiestyou.com) and log in to your account or call our toll free number.

## Step 2

A Healthiest You care coordinator will initiate your request.

## Step 3

You will be connected with a licensed physician in your state that can consult, diagnose and prescribe.



# REAL WORLD RESULTS

## *Telehealth Service*

97%

Would Use Service Again

95%

Would Recommend Service

56%

Consultations Handled by Phone

💬 It was so nice to get such a fast response and not have to wait to get into the doctor and worry any longer. Peace of mind is priceless.

- Cassie C.

## *Wellness Platform*

95%

Improve Eating Habits

83%

Improve Mood

81%

Improve Physical Ability

💬 I have never felt as healthy, confident and in shape as I feel today. There is no doubt I will continue my healthy lifestyle for the rest of my life. I remain your ever-thinning, never-smoking, headache-free fan for life.

- Jeff T.

70%

Urgent Care Visit Reduction

25 LBS

Average Weight Loss

11 MIN

Average Time To Talk to Doctor

20 PTS

Drop in Blood Pressure

93%

Resolve Issues With No Further Action

7 MG/DL

Drop in Blood Sugar

🗨 I called Healthiest You on Friday around 6 p.m. to register my information, and I was called back within minutes. I was amazed and relieved that the prescription was called in and waiting at the pharmacy. I was beyond impressed and on the mend/back to work on Monday!

- Claudia O.

🗨 I am sleeping better and feel back on track. Healthiestyou works exactly right for me; lots of progress and focus despite a horrendous schedule and plenty of stress.

- Eric D.



# COST OF NOT HAVING IT

Here is a handy cost comparison for office and emergency visits for Top 10 most common conditions affecting millions of Americans each day.

<i>Reason for Visit</i>	<i>ER</i>	<i>Doctor's Office</i>	<i>Healthiest You</i>
Allergies	\$345	\$97	\$0
Acute Bronchitis	\$595	\$127	\$0
Earache	\$400	\$110	\$0
Sore Throat	\$525	\$94	\$0
Pink Eye	\$370	\$102	\$0
Sinusitis	\$617	\$112	\$0
Strep Throat	\$531	\$115	\$0
Upper Respiratory Infection	\$486	\$111	\$0
Urinary Tract Infection	\$665	\$110	\$0

Determined by calculating the average number on claims submitted in 2010 to the Medica Choice Networks, a system of more than 4,000 medical offices, clinics and hospitals across four Midwestern states.